

Warren Memorial Hospital hires new Occupational Therapist
by Lee De Bevoise

Warren Memorial Hospital recently added Heather Kimbrough to the staff as an Occupational Therapist.

Describing her usual work day, Kimbrough stated, "I work with a variety of patients to help them become as independent as possible."

Wondering about what else an Occupational Therapist can do? According to the State of Nebraska's website: "Occupational therapy is skilled treatment that helps individuals achieve independence in all facets of their lives. Occupational Therapy gives people the "Skills for the Job of Living" they need to live satisfying lives. Services typically include:

- * Customized treatment programs aimed at improving abilities to carry out the activities of daily living
- * Comprehensive evaluation of home and job environments and recommendations on necessary adaptation
- * Assessments and treatment for performance skills
- * Recommendations and training in the use of adaptive equipment to replace lost function
- * Guidance to family members and attendants in safe and effective methods of caring for individuals

"Occupational therapy practitioners are skilled professionals whose education includes the study of human growth and development with specific emphasis on the social, emotional, and physiological effects of illness and injury."

Kimbrough lives in Geneva with her husband, Todd, and 2-year-old daughter, Grace.

"I have a passion for small rural communities," she explained. "I really like the cohesiveness here. All of the staff members know the patients in both the hospital and the manor."

Kimbrough works 11:30 a.m. - 2:30 p.m. on Mondays, Wednesdays, and Fridays. Please be sure to stop by and welcome Heather Kimbrough to our hospital and community.